

# Psychiatrist

Trelleborg, Sweden



**We are looking for a psychiatrist to work in the public healthcare at Trelleborg Hospital in South Sweden!**

## **Main responsibilities and expectations**

- Psychiatric work in outpatient care, including diagnostics, treatment, follow-up, and collaboration within multiprofessional teams.

## **What's expected of you**

- To have a specialist title in psychiatry.
- To have strong teamwork skills.
- To be flexible, and to be able to enjoy building long-term, positive relationships.
- Ability to complete the intensive Swedish language course (MediCarrera program) is required.

## **Salary and conditions**

- Working hours are 08:00–16:30, with the possibility of on-call duty (not mandatory). If you have children under the age of 12, there is the option to reduce your working hours.
- 25 working days of vacations.
- The average gross monthly salary for a specialist doctor in Sweden is approximately 80,000–110,000 SEK (around 7,000–9,600 EUR), depending on experience.

## **MEDICARRERA OFFERS**

- A free visit to see the place where you will live and work and meet future colleagues.
- A free online preparing and intensive language course.
- A free intensive online language course for partners.
- 2 weeks of face-to-face classes in Spain, with accommodation and free flight tickets for the doctors.
- A scholarship for the intensive language course of 1200€ monthly.

## **OUR SUPPORT**

- We find you a place to live and help to register your children in a school or kindergarten.
- We help you with practical matters, such as social security number, medical card, bank accounts, etc.
- We help your spouse with sources for job search.
- We contact the moving company and arrange the moving trip.
- You receive an information package with practical details and a contact person to call in case of any problems.

**MediCarrera**

# ABOUT THE HOSPITAL

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Psychiatric care in Trelleborg is part of Psykiatri Skåne, the regional mental health service operated by Region Skåne. This organization is responsible for all specialized psychiatric services across the Skåne region. The psychiatric services in the Malmö–Trelleborg catchment area employ more than 800 professionals, including psychiatrists, psychologists, nurses, social workers, and occupational therapists. Care is organized across several types of services, including inpatient wards, outpatient clinics, addiction psychiatry, and psychosis-focused units.

The unit has 35 employees with good staffing levels and high competence overall. The work environment and team spirit are good. It is a general psychiatric outpatient clinic that treats diagnoses such as personality disorders, ADHD, bipolar disorder, PTSD, eating disorders, and depression. Most referrals come from primary care, where there is shared responsibility for patients with mental illness: primary care handles simpler cases, while psychiatry manages the more complex ones.

They work in multidisciplinary teams with close collaboration between the different professions. As a physician, you have the highest medical responsibility and lead the team's work, but their working method is based on collegiality and great respect for the expertise of different professions, where everyone's contribution is often required in complex patient cases. In practice, however, many cases are handled by a physician and a nurse, especially when it primarily involves medication treatment.

In recent years, knowledge-based governance has been introduced in psychiatry, and there is ongoing work to thoughtfully implement quality-assured care pathways for the most common diagnoses. A particular focus has been on personality disorders, with the introduction of diagnostics according to ICD-11 and new, modern treatment interventions.

# Trelleborg

Skåne Region, Sweden



The Skåne region, home to the city of Trelleborg, offers an attractive quality of life that combines natural surroundings, cultural richness, and well-functioning public services. Located in southern Sweden, Skåne is known for its open landscapes, fertile plains, forests, and long coastline, creating a varied and scenic environment well suited for both families and individuals.

Trelleborg is a coastal city in southern Skåne with a population of around 30,000 residents (about 45,000 in the municipality). It lies roughly 25 minutes to Malmö, making it part of the broader Malmö metropolitan area while maintaining the character of a smaller town. Trelleborg is known for its maritime history and is home to Port of Trelleborg, one of the largest ferry ports in Scandinavia with regular connections to Germany and Poland.

The city offers a quieter lifestyle compared with larger Swedish cities, with coastal scenery, beaches, and a compact town center. Trelleborg has good transport connections to Malmö and the rest of Skåne through regional trains and buses, which makes commuting relatively easy. The local economy includes logistics, manufacturing, and port-related industries, and the city also hosts important healthcare facilities such as Lasarettet i Trelleborg and the regional forensic psychiatry center. For many professionals working in the area, it offers a balance between a relaxed living environment and access to larger urban centers nearby.

## INTERESTING INFORMATION

- Visit Skåne → [click here](#)
- Visit Trelleborg → [click here](#)
- Learn more about the process → [click here](#)
- An interview with a psychiatrist who is living in Sweden now → [click here](#)



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# MediCarrera

