

Trauma and Orthopaedics Specialist

Helsingborg, Sweden

The Orthopedics Department at Helsingborg Hospital is looking for a specialist with experience in spine surgery

Main responsibilities and expectations

- Influence your workplace and that of your future colleagues, with a focus on providing the patients with the best possible spinal surgical care.
- Usual duties of a senior/specialist physician, including work in outpatient clinics, surgery, and the ward. Depending on interest and availability, participation in trauma care in Helsingborg may also occur.

What's expected of you

- To have a specialist title in trauma and orthopaedics.
- To have strong teamwork skills.
- It is considered an advantage to:
 - Have several years of service, clinical expertise, and independence in your main specialty beyond obtaining specialist certification
 - Have a defined medical responsibility and area of expertise
 - Have documented teaching and/or supervisory experience
 - Hold a PhD
- Ability to complete the intensive Swedish language course (MediCarrera program) is required.

Salary and conditions

- 25 working days of vacations.
- The average gross monthly salary for a specialist doctor in Sweden is approximately 80,000–110,000 SEK (around 7,000–9,600 EUR), depending on experience.

MEDICARRERA OFFERS

- A free visit to see the place where you will live and work and meet future colleagues.
- A free online preparing and intensive language course.
- A free intensive online language course for partners.
- 2 weeks of face-to-face classes in Spain, with accommodation and free flight tickets for the doctors.
- A scholarship for the intensive language course of 1200€ monthly.

OUR SUPPORT

- We find you a place to live and help to register your children in a school or kindergarten.
- We help you with practical matters, such as social security number, medical card, bank accounts, etc.
- We help your spouse with sources for job search.
- We contact the moving company and arrange the moving trip.
- You receive an information package with practical details and a contact person to call in case of any problems.

MediCarrera

ABOUT THE HOSPITAL



The Department of Trauma and Orthopaedics (VO Orthopaedics) at Helsingborg Hospital provides both acute and elective orthopedic care for the population of north-western Skåne. The hospital is one of Region Skåne's specialized emergency hospitals and delivers specialist care for a large regional catchment area. Elective orthopedic procedures are partly performed in collaboration with Ängelholm Hospital within the same hospital organization.

The department includes inpatient wards and an orthopedic outpatient clinic where patients are assessed and treated for conditions affecting the bones, joints, and musculoskeletal system. Typical cases include fractures, sports injuries, degenerative joint diseases, and other orthopedic conditions that may require surgical or non-surgical treatment. The outpatient clinic also manages pre-operative assessments and post-operative follow-ups.

Inpatient orthopedic wards provide care for patients requiring surgery or hospital treatment, including trauma cases such as hip fractures and other skeletal injuries. Postoperative care and early mobilization are important components of treatment, often supported by physiotherapy and multidisciplinary rehabilitation.

The department is also actively involved in education and training, providing clinical placements for medical students as well as training for junior doctors and specialist trainees. Clinical work is carried out in close collaboration between orthopedic surgeons, residents, nurses, physiotherapists, and other healthcare professionals, creating a dynamic and team-oriented working environment focused on patient safety and high-quality orthopedic care.

HELSINGBORG

Skåne Region

Helsingborg is a historic coastal city in southern Sweden, known for its maritime character, cultural life, and high quality of living. Located on the shores of the Öresund strait, the city has long been an important gateway between Sweden and Denmark. Today it combines a vibrant urban atmosphere with scenic waterfronts, historic architecture, and modern residential areas.

The city is part of the Skåne region, Sweden's southernmost region, which benefits from strong infrastructure and international connections. Helsingborg has frequent ferry links to the Danish city of Helsingør, and the wider region is connected to Copenhagen through the Öresund Bridge, providing easy access to Copenhagen Airport and the broader Nordic-European metropolitan area. The region is also well connected by rail and road to other major cities such as Malmö and Lund.

Skåne offers a balanced lifestyle with easy access to nature, coastline, and green landscapes while maintaining the advantages of modern cities and strong public services. The region is known for its family-friendly environment, efficient public transport, and well-developed healthcare system, making it an attractive place to live and work for international professionals.

INTERESTING INFORMATION

- Visit Skåne → [click here](#)
- Helsingborg → [click here](#)
- Learn more about the process → [click here](#)
- An interview with a doctor who is living in Sweden now → [click here](#)



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